

NDATA NEWS

NDATA Symposium 2012

By Rachel Johnson Krug

The NDATA state meeting April 13-14 was held at the University of Mary in Bismarck, ND. We had a huge turnout this year we had 100 participants including students from University of Mary, Minot State, North Dakota State University, and University of North Dakota and professionals from all over the state in a wide variety of settings. This year we decided to try a separate student sessions during the meeting, they participated in a panel discussion with newly graduated professionals and graduate assistants from the state. We also had these same professionals run our very own quiz bowl which a lot of the students really seemed to enjoy and from what I hear was very competitive! They were able to participate in a variety of sessions including orthotics, naturopathic medicine, taping, and skin disorders. The certified started out with a panel discussion which was fantastic to hear what is happening in different parts of the state regarding concussions and also to hear where we don't have any ATC coverage in the state. We also were informed about hip conditions, ankle instabilities, participated in manual therapy and lymphedema sessions too. We hope to continue the attendance to our meetings and continue to grow so keep checking the web page and Facebook page for next year's meeting in Fargo!

Letter from Executive Director:

Dear NDATA Members,

I want to thank those involved in our concussion bill discussion in Bismarck. We have currently put an ad hoc committee together to take our concerns to legislature for amendments we feel necessary. Thanks to the members who volunteered for the committee. NDATA members on the ad hoc committee are Brad Reed, Sara Bjerke, Robyn Gust and Raymond Hall. Dr. Dawn Mattern is the advisor for the committee.

Thanks to everyone involved in putting out 2012 state meeting. The facilities, courses, and meals were fantastic. Next year our state meeting and symposium will be in Fargo.

Enjoy your summer!

JD

North Dakota Athletic Trainers' Association

www.ndata.org

NDATA on Facebook!

To try and improve communication for our association, there is now a North Dakota Athletic Trainers' Association (NDATA) Facebook page. Emails are constantly changing and then we are left using an incomplete list to get information out to the members. So keep watching for information, pictures and updates. And "Like" us on Facebook!



NDATA NEWS



Dr. Dawn Mattern and Robyn Gust



Pres. Blaine Steiner and Kayla Meyer

**“YOU KNOW YOU ARE AN
ATHLETIC TRAINER
WHEN...YOU NEVER BRING A
SPOON WITH YOUR LUNCH,
YOU JUST USE A TONGUE
DEPRESSOR”**

Non Certified Sports Professional Award 2012: Dr. Dawn Mattern

The Non Certified Sports Professional Award this year went to Dr. Dawn Mattern. This award will be given every year to a person who is not a certified athletic trainer but contributes to sports medicine in other aspects. Dr. Mattern was nominated for the award by Robyn Gust.

Dr. Mattern is the Trinity Sport Medicine Medical Director in Minot. She is not your typical physician. She spends her time away from the office in her “other office”, whether that may be the football field, hockey rink or gymnasium. Her role in the Trinity Sports Medicine program is immeasurable and she has had a direct impact on the growth of sports medicine as well as the recognition of athletic training as a profession in the Minot region. She also has been an advocate for athletic trainers and athletes in the North Dakota High School Association.

Thank you Dr. Mattern for all you have done to promote the profession of Athletic Training!

John Quick Scholarship awarded to Kayla Meyer University of Mary

The John Quick Scholarship Fund was established in memory of John Quick, L/ATC, who was a member and supporter of the North Dakota Athletic Trainers Association. John lost his battle with cancer in the summer of 2001. John was the athletic training coordinator for Dakota Clinic. We are honored that John’s family has allowed us to keep his memory alive by providing athletic training students with a scholarship.

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Election News:

Jay Albrecht was elected to the position of Secretary/ Treasurer and started his two year term January 2012.

Nicole German, the outgoing Sec./Tres., was honored at the NDATA Symposium in Bismarck for her 10 years of service to the NDATA. She was presented with flowers and a plaque. Thank you Nikki for all you have done for the NDATA!

Next election will be this winter for Vice President. Also there are committee chair positions open if anyone is looking to get involved with the organization.



Outgoing Sec. /Tres. Nicole German and Pres. Blaine Steiner

Concussion Websites:

ImPACT Test You Tube Page

<http://www.youtube.com/user/ImPACTTest/featured>

King Devick Test

<http://kingdevicktest.com/for-concussions/>

REAP Concussion Treatment Guidelines

<http://www.rockymountainhospitalforchildren.com/sports-medicine/concussion-management/reap-guidelines.htm>

Free Concussion/ MTB Injury Webinar:



“Introduction to Child and Adolescent Neurotrauma for Primary Care Providers”

<http://www.gillettechildrens.org/default.cfm?PID=1.17.3.8.4>

“YOU KNOW YOU ARE AN ATHLETIC TRAINER WHEN...YOU THINK ATHLETIC SHOES LOOK GREAT WITH TAN PANTS”



An Athletic Trainer's Creed

Author Unknown

We accept responsibility for athletes
Who come in to double days overweight and out of shape,
Who want you to lie about their height,
Who can never find their practice gear.

We accept responsibility for those,
Who forgot to brush their hair for pictures,
Who run slower than everyone else,
Who are from places we wouldn't be caught dead in,
Who have never been away from home.

We accept responsibility for athletes,
Who bring in a week's worth of ace bandages,
Who hug us when they are soaked with sweat and blood.

We accept responsibly for those
Who will always sit on the bench,
Who will forever play on the "scrub" team,
Who never get their uniform dirty,
Who won't ever see their name or picture in the paper,
Whose names people skim over in the program,
Whose skills are lousy but whose hearts are strong.

We accept responsibility for athletes
Whose financial aid doesn't come in until February,
Who are declared ineligible before they play their first game,
Who beg for ibuprofen but forget to take it,
Who are always late for treatments,
Who lie about taking showers after practice,
Who say they have night class just so they can get to dinner on time,
Who squirm when they've got to get dressed beyond sweats,
Whose tears we sometimes laugh at and whose smiles make us cry.

And we accept responsibility for those
Whose feet always smell,
Who get angry for having to sit out of practice,
Who hate doctors,
Whose egos are bigger than their bodies,
Who never want to be carried off the court,
Who always want to keep playing even when their bodies no longer can.

We accept responsibility for athletes
Who want to be the greatest
And for those who truly will be,
For those who never give up or quit,
For those who play hard no matter what the score.

God grant us the courage to accept these athletes
No matter what size, shape, skill or personality.

God grant us the strength to do the best,
Care for them when they are hurt,
Encourage them when they are down,
Understand them when they are defeated,
Celebrate with them when they are victorious.